

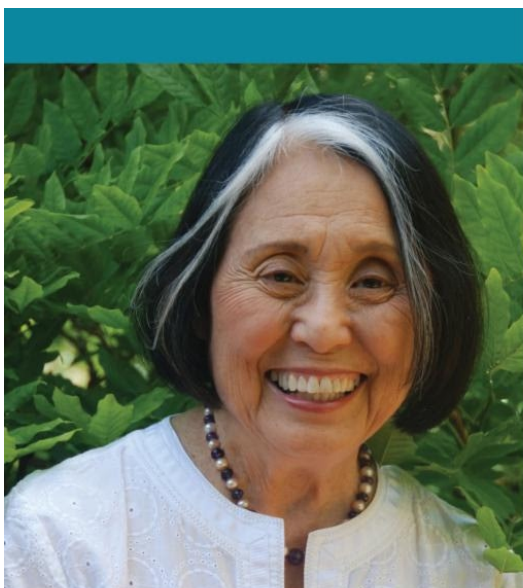
Jean Shinoda Bolen, M.D.

Author • Psychiatrist • Jungian Analyst • Activist



March 14th, 2022

This Liminal Phase of Our Lives (and Planet)



This Liminal Phase of Our Lives: Finding Meaning and Direction

with

JEAN SHINODA BOLEN, M.D.

Saturday, March 19th

Time: 1:00 pm to 3:00 pm EST

A virtual event for Women

Via Zoom

Cost: \$65

Learn more and Register:

<https://spiritofsophia.org/jean-shinoda-bolen/>

Join Spirit of Sophia March 19th

Liminal defines the time in-between what was and what next. All of us go through significant liminal times in our lives many times, sometimes alone, sometimes with others. From childhood on, major events happened to us or we made decisions that were life-affecting or life altering. There is no going back to “what was” when significant relationships are disturbed, or family, work, education, health, religion, are deeply affected.

Usually liminal experiences are personal. But In the past two years of the pandemic, “liminal” has affected everyone with differences only in degree. Death, isolation, hostility, loneliness, despair, suicide, addictions—are a range of negative responses. But for others, especially, those spiritual and creative people who are economically and physically safe and are aware of privilege and humility the question of what to do now and what next can be deeply provocative of individuation—are you becoming who you were meant to be?



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March 19th from 1:00 pm to 3:00 pm EST via Zoom. The program will be recorded for those who register and cannot attend. Details about the program and registration can be found [here](#). Registration will close end of day this Thursday. Zoom link will go out Thursday or Friday, depending on date of registration.

For more information and to Register [Click Here](#)

Please forward this email to your circle and friends. To sign up for Jean's Newsletter and view past newsletters: [\(CLICK HERE\)](#)

With love, hope, perseverance, trust and gratitude

<http://jeanshinodabolen.com/>

March 14, 2022

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