



# Jean Shinoda Bolen, M.D.

Author • Jungian Analyst • Activist



*"One day, you finally knew what you had to do, and began..."*  
~ Mary Oliver, "The Journey"

January 25, 2019

## Mary Oliver and Lao Tzu—Eternal Wisdom

Mary Oliver dies; her poems will live on!

**Women's Spirit: The Fire Within Ignited** February 8-10 workshop at 1440 Multiversity

**UN CSW Event: Women Rising: Marches, #MeToo, Elections, 5WCW India 2022**

Wisdom from Lao Tzu



### Mary Oliver Dies, Her Poems will Live On.

When I got news that Mary Oliver died, it felt like a personal loss—though I didn't know her personally. I had been in the audience when she came to San Francisco read poems and was interviewed on stage. I have many of her poetry volumes, not all twenty of them . . . Following lines from her poems, as I remember them.

[Click Here](#) to watch WILD GEESE, an illustrated poem recited by Mary Oliver. on YouTube.

A Summer Day —"doesn't everything die at last, and too soon — tell me what you will do with your one wild and precious life?"

The Journey - "One day you finally knew what you had to do, and began . . .

In Blackwater Woods. "To live in this world, you must learn to do three things, to love what is mortal, to hold it against your bones as if your life depends on it, and when it comes time to let it go, to let it go."

Love.

Jean

## Women's Spirit: The Fire Within Ignited February 8-10 workshop at 1440 Multiversity



Women's indomitable spirit and fire have many similar qualities: spirit and fire are expressed in creativity, spirituality, and sexuality, or in outrage and activism. Like fire it can be intense and focused, blaze up and be seen, be dormant, covered with ash like banked coals, provide light and warmth to illuminate a sacred space, or become destructive and out of control.

For more information: <https://1440.org/programs/self-discovery/womens-spirit/>

This is how I describe my weekend workshop. It seemed a long-way off and now it is practically here! Two years ago, when I came for the first time, some of the buildings were still under construction, though key buildings were up and were gorgeous. It's in the redwoods in Scott's Valley—off of Highway 17 between San Jose and Santa Cruz. The space in which I led a workshop was spacious, with a range of activities, accommodations and dining, it had the feel of a cross between a resort and a retreat. A good for the soul place to get away to — within a fairly short drive either from the bay area or from two airports. I am looking forward to who will come for this, perhaps at the last minute, perhaps through a synchronicity, wondering whether the marches, #meToo, and elections have ignited the fire within, and activated goddess archetypes.

## UN CSW Event: Women Rising: Marches, #MeToo, Elections, 5WCW India 2022.

When the UN CSW meets, NGOs concerned with women and girls give presentations and panels. On the last day to make a proposal for these "parallel" events, I proposed "Women Rising: Marches, #MeToo, and Empowerment," and had it accepted. Rosemary Williams of Women's Perspective is the chairperson. This will take place on Friday March 15, at 8:30 am (see details under upcoming events) Anyone who knows about it can come—please do! It is free, in mid-town (4 W 43rd St), and doesn't require UN credentials. I will speak on the subject, adding "the elections, and 5WCW India 2022." There may be time to experience being in a circle with a sacred center.

On Tuesday, March 12, at 8:30 am--also at 4 W 43rd Social Hall, "Women's Wisdom: Weaving Together Religious, Spiritual, and Secular Women's Circles, Groups and Organizations for Justice and Peace," a panel organized by Ann Smith which includes Phyllis Currott, Lois Herman, Sande Hart, and via technology perhaps Harbeen Arora from India.

**Lao Tzu** was a Chinese philosopher credited with founding the philosophical system of Taoism. He is best known as the author of the Tao-Te-Ching, the work which exemplifies his thoughts. The name by which he is known is not a personal name but an honorific title meaning 'Old Man.'

*"Being deeply loved by someone gives you strength, while loving someone deeply gives you courage"*

*"If you are depressed you are living in the past. If you are anxious you are living in the future. If you are at peace you are living in the present."*



The Tao and Synchronicity are two words related through meaning, both of which require a functioning right brain to appreciate. Back when I first gave talks about synchronicity, most of the examples fit parapsychological definitions: ESP, psychometry, precognition and so on—C.G. Jung had coined the word "synchronicity" as "meaningful coincidence," These are spontaneous events: you might have a dream and the next day the person in the dream that you hadn't thought of for years, shows up. This person is likely significant as a symbol and could be interpreted, much as I would work with a dream. Or this person might open a door into the next phase of your life, which has been on your mind. I became an author because the executive editor of Harper & Row, (now HarperCollins) was in the audience and thought synchronicity would be an interesting subject. A couple of years later, I got back to her, synchronicity struck again in the timing. And I began writing what became *The Tao of Psychology: Synchronicity and the Self*. (the first of my 13 books) It was while I was engaged in this, that I first came across the Tao Te Ching by Lao Tzu. It was an oversized book, full of beautiful photographs, with the enumerated teachings resembling poems. Now I can appreciate that Lao Tzu is to Confucius as right brain is to left.

### 2019 Events

February 8-10, 2019

Santa Cruz, CA

1440 Multiversity Campus

Weekend Workshop: Women's Spirit: The Fire Within Ignited

[www.1440multiversity.org](http://www.1440multiversity.org)

March 11-22, 2019

New York, NY

Commission on the Status of Women (CSW 63)

**March 15:** UN CSW NGO Parallel Event

Panel: Women Rise! From Marches to #MeToo to Empowerment

Sponsor: Women's World Summit Foundation

Details: Time: 8:30 AM, Venue: 4W43 Social Hall, 4 W 43rd Street

(off 5th Avenue) NY 10036

[www.unwomen.org/en/csw/csw63-2019](http://www.unwomen.org/en/csw/csw63-2019)

October 4-5, 2019

Eugene, Oregon

Eugene Friends of Jung

Friday Lecture" Artemis Archetype at the Crossroad with Hecate

Saturday Workshop: Activism, Individuation and the Self. Circles with a sacred center

[www.eugenefriendsofjung.org/](http://www.eugenefriendsofjung.org/)

<https://www.facebook.com/eugenefriendsofjung/>

With love, hope, perseverance, trust, and gratitude,

<http://www.jeanshinodabolen.com/>

[www.5wcw.org](http://www.5wcw.org)

[www.millionthcircle.org](http://www.millionthcircle.org)

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