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Author • Jungian Analyst • Activist



October 16, 2017

**Wildfires, Memoir-Based Book, 5WCW,
South America Here I Come!**



Fires North of Where I Live

Firestorms began a week ago Monday with smoke in the air and live news of the destructive wildfires in Northern California on TV. This was happening up the highway, an hour north of where I live--which is also in an urban-wilderness interface.

Towns and homes in northern California are nestled among hills and trees, the high winds sent still burning embers and branches up into the air, setting off new fires where they landed. Firefighters woke people up with minutes to get out, saving uncountable lives as buildings burned. Aftermath photos of Santa Rosa looked like rubble after a war. I've gotten emails asking if I were OK from friends outside of California, fortunately—yes. I am OK. The landmarks should the fires turn south and be in my vicinity are Mill Valley and Mt. Tamalpais.

Excerpt from my Memoir-Based book

(from the last chapter) "Up to this time, I had a fatalistic but not gloomy philosophy, that went with the thought, "I could be struck down, anytime." or "I could be hit by a truck." I think it came from being the spared sibling, of realizing that "it could have been me," like standing next to my brother and having lightning strike him. Watching the news and seeing hurricanes or wildfires or bombs suddenly change everything for some and spare others illustrates this premise. This philosophical mind-set helped me appreciate everything that was positive in my life, to have gratitude, to enjoy the moment, because "tomorrow I could die." It leads me still, to "stay current," to not leave unsaid positive words and feelings that I would have regretted not saying, to

not owe people, and to have a living will and an advanced health care directive.

"As I listened, (to Carl Simonton, MD describe the connection between beliefs and outcome) I made a shift in my own mind. I did not substitute it for my fatalistic philosophy. Instead I made room for an intuitive feeling, a certainty that I now felt-- that I would be around for a long time. With a two and a half year old daughter and a year old son, it mattered that I be here for them, and after staying the course that led to becoming a psychiatrist, activist, and soon to be a Jungian analyst, to trust that this was what I was meant to do—and if so, faith that I'd have enough time.



This had the effect of now holding two beliefs at the same time. I was experiencing the Jungian concept of "*holding the tension of opposites*." I now express this myself as "holding the opposites" or "holding the paradox", because there is no tension." (I finished writing the first draft of this book—wait for further announcements about it.)

A Native American Prayer

Hold on to what is good
Even if it is a handful of earth.
Hold on to what you believe
Even if it is a tree which stands by itself.
Hold onto what you must do
Even if it is a long way from here.
Hold on to life
Even when it is easier letting go.
Hold on to my hand
Even when I have gone away from you.



Circle of UN Women Ambassadors - Millionth Circle Synchronicity?

Katalin Bogyay,
UN Ambassador from Hungary

Ashley felt it was a synchronicity, called me immediately and as she was telling me about this, I had a “rainbow” moment (from a poem: “My heart leaped up as I beheld a rainbow in the sky.”) The women’s circle movement and 5WCW are connected. Imagine UN women ambassadors working together--advocating for a 5WCW resolution in the General Assembly—as I can. A big version of my activist-vision is in Ashley’s videotape of me introducing *Moving Toward the Millionth Circle*.

([Click here](#) Women of the World Unite - Energizing the Global Women's Movement - the last 10 minutes on this)

The power of women’s circles to support the women in them and through reaching critical mass change the world is in *The Millionth Circle*.

Through grassroots women and the executive directors of Pathways To Peace, Women’s World Summit Foundation, Global Education Associates and Elinore Detiger, the Millionth Circle Initiative was formed in 2001, and in 2002, I came to the UN CSW meetings with the conveners of the millionth circle and became an advocate for UN 5WCW. In 2012, the president of the General Assembly and the UN Secretary-General jointly asked for a resolution to have it. Lobbying efforts by UN ambassadors in favor were not successful, a resolution for 5WCW was not introduced then.

More than ever, a UN 5WCW is needed—to tap into the energy of the Women’s Marches of January 21, 2017, which was the largest international protest in the world--one day after the Trump inauguration. My “rainbow moment” about circles of UN Women ambassadors grew after I listened to video of Katalin Bogyay, and I remembered the lectures and connections I made when I was in Hungary, and the recent Hungarian editions of *Goddesses in Everywoman*, *Goddesses in Older Women*, and *Gods in Everyman* by Studium Effektive Kft. ([Click here](#) for Katalin Bogyay’s Circle of Women Ambassadors talk)

South America - Here I Come

October 24 - November 7, 2017, Argentina and Chile

Lecture: *Goddesses in Everywoman (Las Diosas en Cada Mujer)*

There are goddesses in every woman—these are qualities and patterns in ourselves and in the women in our lives. There is a deep recognition, an Aha! that comes with this insight. Remember classical Greek mythology? Hera, Demeter, Persephone whose stories are about relationships, or Artemis, Athena and Hestia who did not need relationships to define them, or Aphrodite, the alchemical goddess of love and beauty are archetypes in us. Some are welcomed, others not. Even before a girl is born and throughout her life, girls and women are shaped by expectations of others and by patriarchy. Meanwhile, there are goddess-archetypes in us, that shape what is important to us. When we know which goddesses are in us, we will know ourselves far better than before. We also begin to see the goddesses in other women. These insights help men as well—when affinities, attraction, negative judgments are responses to these inner archetypes. In their myths, we saw goddesses behaving badly, which are traits associated with certain archetypes: jealousy, vindictiveness, depression, helplessness, mercilessness, are shadow qualities. Knowing what is acting in us and on us provides insight that leads to Hecate, goddess of the crossroad.

Workshop: *"Artemis, the Indomitable Spirit of Every Woman" (Artemisa, El Espíritu Indómito de cada Mujer).*

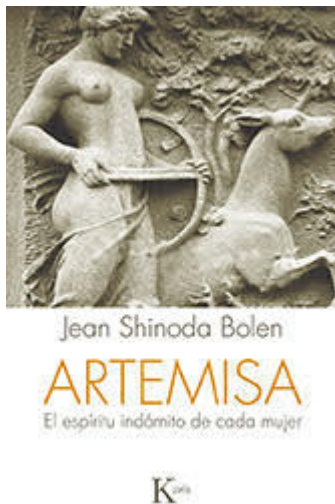
Artemis is the Greek Goddess of the Hunt and Moon. Her symbols are the bow and arrow, the crescent moon, and mother bear; her realm is the wilderness. This is the archetype of the activist on behalf of girls and women, social justice, animals, trees, the environment. She is an explorer of the metaphoric wilderness, as well as being drawn to nature. Her curiosity draws her into unknown terrain. As twin and older sister to Apollo, she is competitive, has a sense of equality with men and sisterhood with women.

The moon aspect of Artemis is the spiritual and mystical oneness she can feel in nature. This archetype may be active all her life, and can be recognized in the phases of the moon as she grows older. Artemis-Selene-Hecate—each moon goddess is an aspect of womanhood: young woman, mature woman, wisewoman.

In this workshop, participants will hear stories of Artemis and of women who personified aspects of her. They will recognize Artemis in themselves or in others, and realize the positive qualities and the difficulties associated with this archetype. They will have an opportunity to meet and talk in small circles to share what they now recognize as positive and negative aspects of this archetype.

For all of my books in Spanish

<http://editorialkairos.com/autores/bolen-jean-shinoda>



Buenos Aires:

Lecture: October 26: *Goddesses in Everywoman*
(*Las Diosas en Cada Mujer*). 7:30 pm-10:00 pm.

Location: Ami Jai Community Auditorium, Arribeños Street 2355,
Buenos Aires

Workshop: October 28: *Artemis, the Indomitable Spirit of Every Woman*
(*Artemisa, El Espíritu Indómito de cada Mujer*), 9:30 am to 12:30 pm and
1.30 pm to 5.30 pm. Location: Regente Palace Hotel,

Suipacha Street 964 Buenos Aires

Organizer Email: [Oscar Capray](mailto:Oscar.Capray)

Cordoba:

Lecture: October 31: *Goddesses in Everywoman*
(*Las Diosas en Cada Mujer*)

Workshop: November 1: *Artemis, the Indomitable Spirit of Every Woman*
(*Artemisa, El Espíritu Indómito de cada Mujer*).

Organizers Email: [Cris Schwander](mailto:Cris.Schwander) [Diana Tuma](mailto:Diana.Tuma)

Santiago:

Lecture: November 4: *Goddesses in Everywoman*
(*Las Diosas en Cada Mujer*)

Workshop: November 5: *Artemis, the Indomitable Spirit of Every Woman*
(*Artemisa, El Espíritu Indómito de cada Mujer*).

Organizer Email: [Katu Dellacasa](mailto:Katu.Dellacasa)

2018 EVENTS

March 23-24, 2018 - Louisville, KY

Spirit of Sophia, The Women's Spirituality Center of Louisville

March 23, Public Lecture: Catching Fire: Imagination, Creativity, Activism.

March 24, Workshop for Women: Your One Wild and Precious Life

<http://spiritofsophia.org>

April 6-7, 2018 - Boston, MA

C.G. Jung Institute Boston

Keynote: Catching Fire: Imagination, Creativity, Activism

Workshop: Your One Wild and Precious Life

www.cgjungboston.com

MAY 18-20, 2018: BIG SUR CA

ESALEN INSTITUTE – WOMEN'S WEEKEND RETREAT

Grail, Goddess, Circles and the Sacred Feminine

Location: Esalen Institute,

55000 Highway 1,

Big Sur, CA 93920

<http://www.esalen.org/>

May 27-June 1, 2018 – Asheville, NC

Haden Summer Dream and Spirituality Conference

Keynote: Reflections about the Soul and the Journey: How Did You Get Here? How Did I Get Here?

Workshop: Reflections on the Soul and the Journey: Questions and Amplifications

<http://www.hadeninstitute.com>

August 24-26, 2018, - London, UK

Guild of Pastoral Psychology Oxford Conference

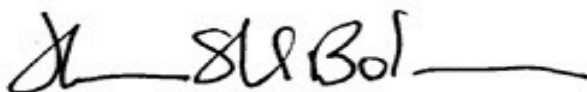
Worcester College

"Emergence of Feminine Wisdom and the End of Patriarchy: the Process of Evolutionary Change in Individuals and Humanity" --- Jean Shinoda Bolen, M.D.

"The Spirit of these Times meets the Spirit of the Depths: Emergent Dreams Revising the Collective and Individual Psyche" — Monika Wikman, Ph.D.

www.guildofpastoralpsychology.org.uk/

With Love, Hope, Perseverance, Trust, and Gratitude



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