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*"The soul needs love as urgently as the body needs air. "
~ John O'Donohue.*

October 15, 2019

Sharing Stuff that Matters

Anam Cara Insights from John O'Donohue

Greta Thunberg Speaks Truth to Power at the UN Climate Action Summit

One of 13 Original Grandmothers - Beatrice Long on Papal Bulls

"Why Activists need Home" forthcoming in new online magazine Reinventing Home

At the Crossroad with Hecate - Videotape of my most recent lecture

Comedian Randy Rainbow in "Donald Trump Cellblock Tango"

Dear Ones:

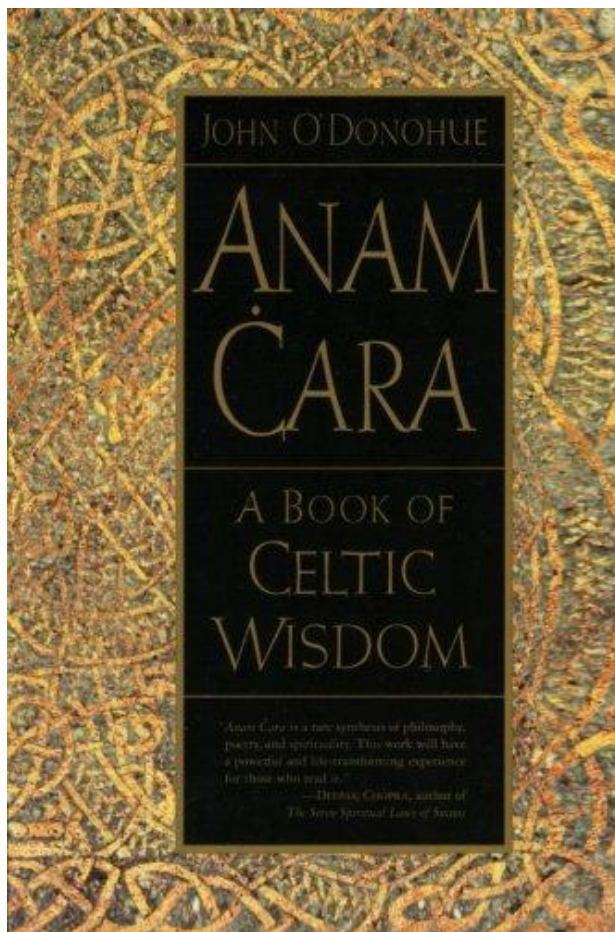
This eNewsletter is a sharing of food for thought, something of a Pot Luck of various dishes, most contributed by friends via emails and links. Keeps well. Not to ingest at one sitting.

Before each eNewsletter, I select a quote to go under my logo. With this in mind, I picked up Anam Cara and on reading through my underlinings wanted to share more than one quote, here are a few of them:

Anam is the Gaelic word for soul; *cara* is the word for friend. . . a person to whom you could reveal the hidden intimacies of your life. This friendship was an act of recognition and belonging. .. a friend of your soul."

"The body is in the soul: this recognition confers a sacred and mystical dignity on the body." . . (and/but) "It is in and through your body that your soul becomes visible and real for you. You body is the home of your soul on earth."

"The heart is the inner face of your life. The



“May the light of your soul guide you. May the light of your soul bless the work you do with the secret love and warmth of your heart.

(first lines from “A Blessing”: by John O’Donohue

human journey drives to make this inner face beautiful. It is here that love gathers within you. Love is absolutely vital for a human life. For love alone can awaken what is divine within you. . . When you learn to love and to let your self be loved, you come home to the hearth of your own spirit. You are warmed and sheltered.”

“Presence is the way a person’s individuality comes toward you. Presence is the soul texture of the person.”

“The Celtic mind had a wonderful respect for the mystery of the circle and the spiral.”

“Deep within, there is a gallery of different selves. Each one of these figures expresses a different part of your nature.”

Greta Thunberg Speaks Truth to Power at the UN Climate Action Summit

Greta Thunberg, the sixteen year old Swedish climate activist’s arrival after sailing for two weeks across the Atlantic was the lead story in The New Yorker Magazine “The Talk of the Town”. Thunberg is sometimes compared to Joan of Arc and sometimes to Pippi Longstocking. In her emotionally charged four minute speech to world leaders at the UN Climate Action Summit on 9/23/19 she quoted facts and reiterated “How dare you!?” “You have stolen my dreams and my childhood with your empty words,” and accused them of ignoring the science behind the climate

crisis, saying: "We are in the beginning of a mass extinction and all you can talk about is money and fairy tales of eternal economic growth - how dare you!" An eloquent, passionate, truth-teller that did not mince her words.



[Click here](#) for Greta Thunberg (Young Climate Activist) at the Climate Action Summit 2019 - Official Video



Lakota Medicine Man, Arvol Looking Horse, embraces Greta Thunberg after she was gifted with a Lakota name: "Maphiyata echiyatan hin win" - "Woman who came from the heavens."

One of 13 Original Grandmothers Beatrice Long Visitor Holy Dance on Papal Bulls

A copy of handwritten letter dated March 2009, an appeal to Pope Benedict XVI, from Grandmother Beatrice Long-Visitor Holy Dance, Oglala Lakota Nation regarding the three Papal Bulls which are the foundation of the "Doctrine of Conquest" or "Doctrine of Discovery" made me want to circulate the information in it, and possibly **inspire further inquiry and advocacy**. It had been sent from Grandmother Beatrice (now deceased) to Anele Heiges, O.P., who was then the president of the International Policy Institute, a UN NGO. Anele Heiges is a Dominican sister, and a supporter of the Millionth Circle and 5WCW at the UN, we have been in the activist-trenches together since I went to the CSW at the UN in 2002, she much longer. Grandmother Beatrice was one of the International Council of 13 Indigenous Grandmothers assembled in 2004) all of whom I met shortly after they came together and from time to time thereafter met some of them at conferences, especially at Bioneers. The Council went to the Vatican in July 2008, prayed and did ceremony, and requested a meeting with the Pope, which was declined. In 2013, Pope Francis (named after Francis of Assisi) born in Argentina in 1936, became the first Pope from the Americas. I wonder if Pope Francis unlike Benedict XVI would be receptive.

Grandmother Long wrote: "Unfortunately, relationships between nation-states and tribal peoples in the Americas, Africa, and Oceania rests on the the doctrines that can be traced directly to three papal bulls: *Dum Diversas* (June 18, 1452). *Romanus Pontifex*, January 8, 1455. and *Inter*

Castera, May 4, 1493. These papal bulls gave dominion to Europeans over lands that our tribal nations have occupied for thousands of years, and the outright theft of entire continents from our indigenous people worldwide. It has been over 500 years since these papal bulls were written, yet they remain the spiritual, legal, and moral foundation for exercising jurisdiction over tribal people by nation states today." Grandmother Long asked Pope Benedict "to remove these Papal Bulls. An act like this would create a global healing of all the injustices suffered by indigenous people . . .and could also bring healing to those who committed these injustices." (there is a mystical sense of healing all generations, past as well as present and future).



Reinventing Home

Culture Creativity Character

My article "Why Activists Need Home" appears in the November issue of a new online magazine called REINVENTING HOME: Culture, Creativity, Character.

Here I talk about the Artemis archetype and the new wave of feminism inspired by this Greek Goddess who was both an advocate for women, and a fierce protector the vulnerable and the young. As goddess of the moon, Artemis also knew about nature's cycles of waxing and waning --

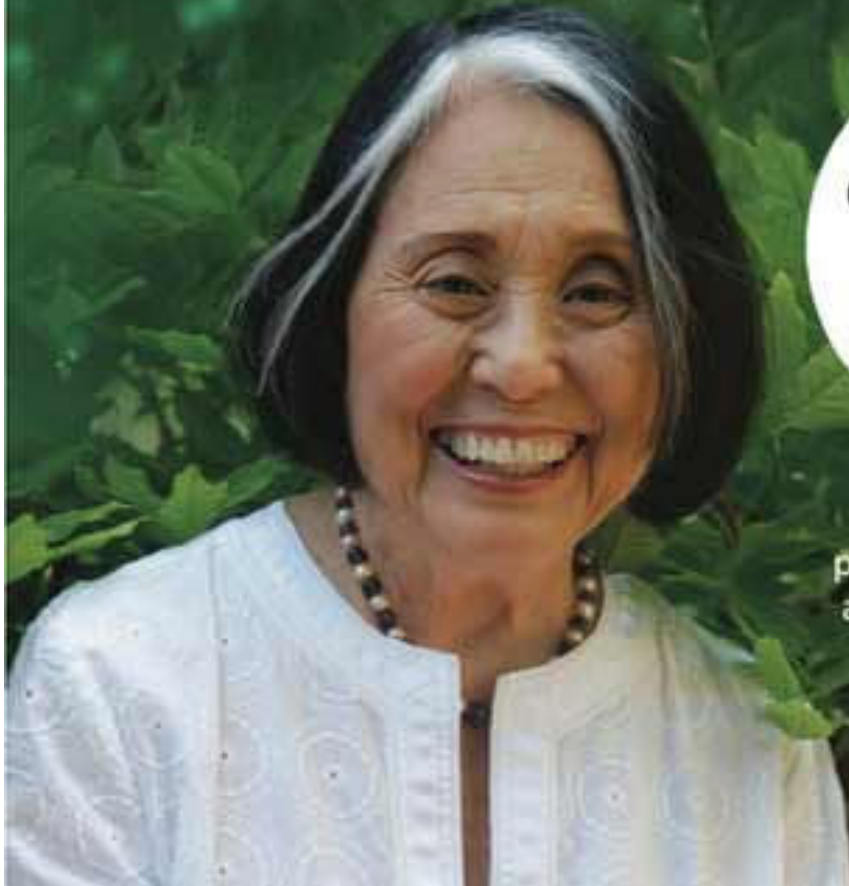
and our own need to balance action in the world with time for reflection and introspection. This process is nurtured in privacy of our homes ([Click Here](#) and sign in to receive the November issue of this new online magazine). This beautifully done magazine was created by Valerie Andrews, a longtime friend and a member of my women's circle.

At the Crossroad with Hecate - Videotape of my most recent lecture

I spoke about Hecate in the Eugene Public Library to a wonderful audience of about 400 people on 9/27/19. Description: "When major shifts happen in relationships, work, status, or health, we are in transition, no longer who we used to be in some significant way. This is when we can be at a major crossroads with Hecate, ancient Goddess of the Crossroads, archetype of the wise woman." Thanks Todd Boyle—for filming it so i can share it, and to Carol Goodman and the board of the Eugene Friends of Jung who invited me to Eugene, where I gave a workshop on Activism, Individuation, and the Self.

Jean Shinoda Bolen

At the Crossroads with Hecate



CLICK HERE
TO VIEW
VIDEO

The famed author, psychiatrist, and Jungian analyst talks about how life's transitions can change our sense of self -- and how to navigate those changes wisely.

Comedian Randy Rainbow in Donald Trump Cellbox Tango

This is a change from the usual content of my eNewsletter: it is comedy, music, political satire, a hoot if you aren't a Trump fan and funny even if you are! I hadn't heard of Randy Rainbow (though from his youtube numbers, lots and lots of people have). I was introduced to Randy Rainbow by Barbara Hort, an Oregon friend who is a Jungian psychologist, and decided to share it with all of you. Get up from your seat and move! [Click Here](#)



Jungian Typology and Archetypes: Overlapping perspectives from a Jungian analyst.

My challenge was to describe in a conversational talk how Jung's Psychological Types (Extraversion-Introversion, Thinking-Feeling, Intuition-Sensation) helps us understand ourselves and others and that the Archetypes of the Collective Unconscious can be personified (as I have done in *Goddesses in Everywoman* and *Gods in Everyman*) and described as psychological types. These two concepts are the titles of two thick volumes in C.G. Jung's Collected Works.

[Click Here](#) to register for this FREE online summit to see all the speakers and topics



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Schedule 2019 - 2020

October 18-20, 2019, San Rafael, CA

Bioneers 20th Annual Conference Marin Center

Panel: Global Networks of Women: How "She-Power" is Connecting Across Nations to Leverage Learning and Change

DETAILS: Saturday, October 19 2:45-4:15 pm

<https://conference.bioneers.org>

February 14-16, 2020 – Seattle, WA

Women of Wisdom

Theme: Radiate Loving Harmony, United Our World

Keynote Saturday Evening 8-9:30 pm

Workshop Sunday Morning 9:30am–12:30pm

Held at UW Tower, Seattle, WA

<http://www.womenofwisdom.org>

June 20-27, 2020 – Helena, Montana

Feathered Pipe Ranch Retreat

Jean Shinoda Bolen & Monika Wikman

Women's Wisdom: Summer Solstice Women's Retreat

<https://featheredpipe.com/>

September 25-25, Salt Lake City, Utah

The Jung Society of Utah

Lecture & Workshop

Info: <http://jungutah.com>

December 9-13, 2020 – Anaheim, CA

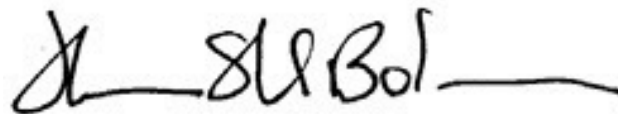
The Milton H. Erickson Foundation

The Evolution of Psychotherapy

Anaheim Convention Center

<http://www.evolutionofpsychotherapy.com/>

With love, hope, perseverance, trust, and gratitude,

A handwritten signature in black ink, reading "J Shinoda Bolen". The signature is fluid and cursive, with a long horizontal line extending from the end.

<http://www.jeanshinodabolen.com/>

www.5wcw.org

www.millionthcircle.org

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