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Jean Shinoda Bolen, M.D.

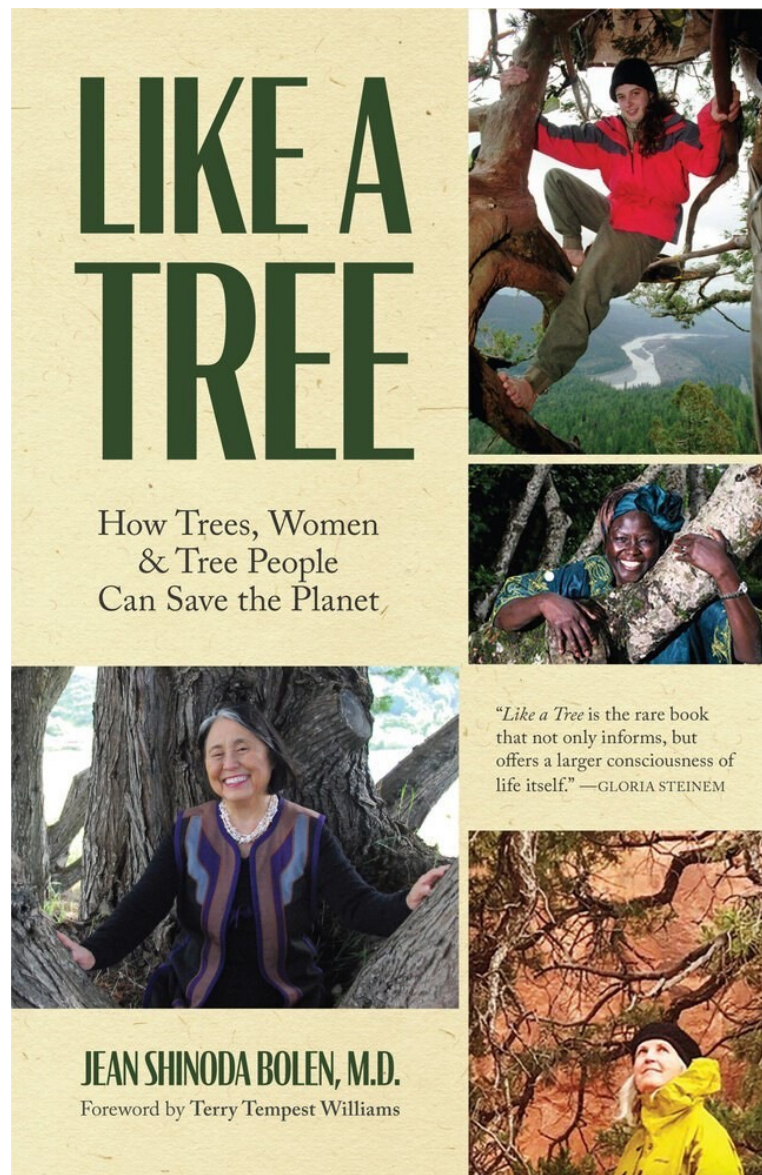
Author • Jungian Analyst • Activist



February 12, 2021

Dear People,

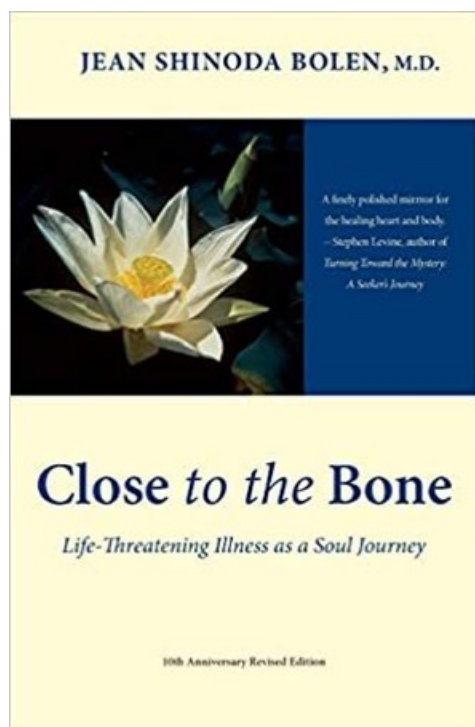
Are you a Tree Person?
If you are, then this book is from my heart to yours.



[Click Here to Purchase on Amazon](#)

The new edition of *Like A Tree* has made it out into the world. It has a heartfelt Foreword by Terry Tempest Williams, whose poetic way of writing makes clear the difference between a "Tree Person" and a "Not-Tree Person". When it went to the printers, its Pub Date was set as February 16. This felt like a synchronicity because it is my deceased son Andy's birthday. Then there is a special feeling I have about the photos on the cover. Julia Butterfly Hill is in a red jacket, up in a huge redwood tree that she lived in for two years and in doing so saved the grove from loggers. There is Wangari Maathai also up in a tree. I met her at the UN. She inspired women in Kenya to work together to reforest the land which became the Green Belt movement. Environmental activist Terry is the yellow jacket, near a tree in the red rock desert of Utah, and then there is me—sitting in a tree. Gloria Steinem is also present through her words. I wrote of global warming and that trees do for us through the atmosphere, what the placenta did when we were in our mother's womb. "Not enough trees, too many people = global warming."

The Global Pandemic and Close to the Bone; Life-Threatening Illness as a Soul Journey



Close to the Bone is also timely and relevant. In the first year of the pandemic, over 26 million Americans got infected and sick with COVID 19, most after being hospitalized, got better and able to go home, while over 400,000 thousand died usually alone in ICUs. Soul is about the meaning of life—of our particular life. A life threatening diagnosis such as cancer or coronavirus can bring us to what we know “in our bones.” Soul is about becoming who we were meant to be in this life, and is receptive to after-death communication from loved ones, which was why I revised the last chapter.

[Click Here to Purchase on Amazon](#)

Upcoming Events 2021

February 18, 2021 “The Gifts of Liminal Space and Time”

Women's Perspective invites you to listen to
The Pandemic Pause: a Gift of Liminal Space & Time

Dr. Jean Shinoda Bolen and Nina Simons
in Conversation on February 18 at 12:00 PM ET

Live Streamed on Women's Perspective FB Page

<https://www.facebook.com/WomensPerspective>

(live event, must register, no fee) [Click here](#) to Register



Dr. Jean Shinoda Bolen is a psychiatrist, Jungian analyst, an internationally known author and speaker who draws from spiritual, feminist, Jungian, medical and personal wellsprings of experience. Jean is the author to many works, including *The Tao of Psychology: Synchronicity and the Self*, *Goddesses in Everywoman*, *Gods in Everyman*, *Ring of Power*, *Crossing to Avalon*, *Close to the Bone*, *The Millionth Circle*, *Goddesses in Older Women*, *Crones Don't Whine*, *Urgent Message from Mother*, *Like a Tree. Moving Toward the Millionth Circle: Energizing the Global Woman's Movement*, *Artemis: The Indomitable Spirit in Everywoman*.



Nina Simons is co-founder and Chief Relationship Strategist of Bioneers, a social entrepreneur passionate about honoring nature as sacred, restoring the feminine-masculine balance in our worlds, indigenous wisdom and leadership, ending racism, co-creating beloved community, and creating connective tissue among diverse factions of women's movements. Nina created and co-edited the anthology *Moonrise: The Power of Women Leading from the Heart*, and her recent book, *Nature, Culture & the Sacred: A Woman Listens for Leadership* was a Gold and Silver Nautilus Award Winner in the categories of Social Justice and Women.

February 26-27, 2021 Jung Society of Utah:

Lecture: Catching Fire: Imagination, Creativity, Activism: [Click Here](#)

Workshop: Workshop - Your One Wild and Precious Life [Click Here](#)

Catching Fire: Imagination, Creativity, Activism -Friday Feb 26th

Imagination precedes change—psyche is activated by stories, role models, and dreams that touch soul. Passion and imagination precede creativity or activism on behalf of ourselves and others. Fierce compassion says, “enough is enough!” Outrage in defense of what and who we love invites us to find the strength to rise up to save what we love, a precious part of ourselves or of our world. Loss, defeat, grief can also precede creativity or activism. The pandemic has brought us into liminal space and time—when we as individuals are between “what was,” and “what next?” Will we have the courage to be creative and catch fire--or give up and give in to what numbs us? Jean is an activist and an author who speaks from experience.

Workshop - Your One Wild and Precious Life Sat. Feb 27th

The premise of Jean Bolen’s Jungian and spiritual perspective begins with the certainty that it matters what we do with our “one wild and precious life,” a quote from the poet, Mary Oliver. Most of us have an innate sense that there is a purpose to life related to the idea that life is a soul journey. To do what we came to do and be who we were meant to be is not easy. Especially in the midst of unchosen circumstances which now includes a global pandemic. Vulnerability and loss are both mythic and deeply personal experiences--as is aging. What now? Jung’s individuation, Campbell’s finding your personal myth, the hero or heroine’s journey, Persephone’s abduction into the underworld, Hecate at the crossroad, Hermes and Artemis are archetypal patterns that can provide insights to support us on this soul journey. But, even more specific insights can come through dreams which can bring back into consciousness that which we forgot or suppressed. Will we learn from our dreams? Will we let intuition and synchronicity guide us? (live event, Registration, Fee, CEUs available)

March 3-7, 2021 Felicidad, Inspiración y Pasión Summit

[Click Here](#)





March 6th, 2021

Book Passage Bookstore
Conversation Between
Jean Shinoda Bolen and
Terry Tempest Williams.
Live, Must Register, Free event

[Click Here](#)

March 21, 2021

General Conference of Women; Women and the Environment
Honored guests Jean and Clare Dubois (founder of Tree Sisters)

[Click Here](#)



Free webinar - March 26th at 2pm PT

Like a Tree: How Women, Trees, and Tree People Can Save the Planet

This lecture celebrates the launch of a new edition of *Like a Tree*, the book that Jean Shinoda Bolen wrote before its time in 2011. With the pandemic and global warming, it is relevant now, with the Foreword by Terry Tempest Williams, Utah's best known environmental activist. Both writers share a love of the Earth and its beauty and diversity. Since the pandemic began, wildfires spread through the western states with hurricanes in the southeastern states. In the preface, Jean describes how the sky in the San Francisco Bay area stayed a dense thick orange all day which felt like an apocalypse. On the new cover are photographs of individual women and trees. Some men and not all women are Tree People. Are you?

As a lecturer, Jean's storytelling can be very engaging, speaking as she does as if in conversation. This will be followed by a Q & A. [Click Here](#)



My newsletter and books are my way to make a difference in people's lives and by doing so, help change the world. Join me with this intention by forwarding this newsletter. Synchronicity will take it from there!

Please forward this email to your circle and friends. To sign up for Jean's Newsletter and view past newsletters: ([CLICK HERE](#))

With love, hope, perseverance, trust and **gratitude**

A handwritten signature in black ink that reads 'Jean Shinoda Bolen'.

<http://www.jeanshinodabolen.com/>

Jean's FB Page [Click Here](#)

Jean Shinoda Bolen FB author page: [Click Here](#)

Instagram: [jeanshinodabolen](#)

[Click Here](#) to signup for Jean's Newsletters

Newsletter designed by Rick Gildroy
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